

SAILORS INFORMATIONS



Italy 2018
Youth Match
Racing World
Championship





WELCOME



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Dear Matchrace Sailors,

Welcome to Ledro for the 2018 Youth Match Racing World Championship.

This guide contains practical information about planning your trip to Ledro, and what to do while you are here!

The Organizing Committee will do its best to make this a great event for all of you. If you have any questions before or during the event, please don't hesitate to contact us.



CONTACTS

Accommodation, travel details, social events or other arrangements
Camilla Baruzzi, camilla.baruzzi@gmail.com, + 39 331 9047970

Race arrangements
Marco Rigobello, regate@avll.it, +39 389 6261480



ARRIVAL



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These are more or less all the ways to reach Ledro.

If you come by train the closet railway station is ROVERETO , if it is better for you also VERONA railway station is fine.

In both options we will come to pick you up.

Instead please note that we are not able to organise the pick up from MILAN RAILWAY STATION because we are not authorise to drive in the centre of the city, where the station is, in that case you should catch another train to reach VERONA RAILWAY STATION or BRESCIA RAILWAY STATION.

If you prefer to come by plane, the closet airport is VERONA VILLAFRANCA but also BERGAMO (BGY) it's fine to manage a transfer for your arrival.

If you are not able to arrive in these points, there are also MILAN LINATE AIRPORT or MILAN MALPENSA AIRPORT, they are quite far from Ledro but we always try to manage the drive but it's on charge.

If you will drive to Ledro: HIGHWAY A22 – Autostrada del Brennero/ Brennerautobahn till ROVERETO SUD/LAGO DI GARDA then are about 30 km.

Please inform Camilla as soon as you know of your arrival schedule so we will arrange for pick up



JOIN US



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<http://ymr.avll.it>




Join us!

#2018ymrc



ACCOMODATION & VENUE



-  **ACCOMODATION:** athletes will be hosted in triple room in 3 stars hotes nearby.
-  **PRESS CONFERENCE** will be arranged at the building in front of the Clubhouse.
-  **CLUBHOUSE:** the AVLL Clubhouse and the equipment were organized in philosophy zero envitomental impact. Since serveral years have been abolished disposable plastic bottles and are replaced by plastic bottle reusable. Varnishes were abolished and concrete replaced with wood and stones in all possible places.
Dishes, cutlery and glasses for refreshment are from corn and rice, biodegradable

-  **BREAKFAST:** Sailors all togheter will be hosted in the Franco & Adriana hotel located 100mt from the Club
-  **LUNCH PACKETS** will be deliver every day after briefing with the Umpires at the Clubhouse.
-  **ITALIAN DINNER:** two italian dinners will be organize in a park 1 km from the club, reachable on pedestrian road or with the mini van of the Club.
-  **PIZZA DINNER:** on Thursday it will be in the Franco & Adriana hotel located 100mt from the Club. Then a visit to Riva del Garda and Torbole and all racers will have the opportunity to participate in an event

Tuesday 03.07

Race Office
open
9.30 am

Registration
and crew
weighing
10-18.30

Practice
10-18

Opening
Ceremony
Buffet in front
of the Lake
@ F&A Hotel

Wednesday 04.07

Breakfast
@F&A Hotel
7-8.30 am

Skipper
meeting
8.30 am

Racing

Press
Conference

Italian
Dinner

Thursday 05.07

Breakfast
@F&A Hotel
7-8.30 am

Skipper
meeting
9.00 am

Racing

Press
Conference

Pizza
Party and
Lake
Garda
party

Friday 06.07

Breakfast
@F&A Hotel
7-8.30 am

Skipper
meeting
9.00 am

Racing

Press
Conference

Grill
party at
the Club

Saturday 07.07

Breakfast
@F&A Hotel
7-8.30 am

Skipper
meeting
9.00 am

Racing

Press
Conference

Italian
Dinner

Sunday 08.07

Breakfast
@F&A Hotel
7-8.30 am

Skipper
meeting
9.00 am

Semifinal
and
final

Prize
giving
Ceremony



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MTB: in Pieve di Ledro by the “Camping al Lago” (close to the Sailing Club) and by “Bar Nido Verde” you can rent a city bike, mtb and e-mtb.

Also in Molina di Ledro, by the “Camping al Sole” there’s a bike rental.

Bike Express organizes also a guided MTB tours - www.bikexpress.net

In Valle di Ledro there are more than 200 km of signed MTB tours: Tremalzo is a must for bikers! You can also bike to Riva along the old Ponale Road, with wonderful view over Lake Garda or along Valle di Ledro to Lake Ampola and Rifugio al Faggio.

You can download the gps tracks from website www.vallediledro.com/map a MTB map is also available.



CANYONING it’s a new sport which consist in the descent of waterfalls and gorges: a full immersion in the most hidden nature.

In Ledro Valley there are two torrents, where you can do it and both are in the Ampola Valley: Torrent Palvico and Torrent Rio Nero. Canyon Adventures: +39 0464 505406 www.canyonadv.com or Trentino Climbing: +39 3477847082

www.trentinoclimbing.com



WATER: if you want to keep sailing on Lake Ledro you can rent a boat in Mezzolago (1,5 km from Pieve) by Ledro Boats. Otherwise you can rent pedaloes in Pieve, Mezzolago and Molina), windsurfs (in Pieve) and canoes (in Molina). By the tourist information office you can buy fishing permits.



BEACH VOLLEY: by the beaches of Pieve di Ledro and Molina you can find a beach volley court, where you can play for free. In Pieve you can play also in the evenings.



MINI PUTT: in Pieve di Ledro, close to the beach, there is the possibility to play mini putt.



TENNIS: in each village there are a tennis courts, with different playing ground. In Pieve you can find 2 of them close to the Bar Nido Verde, on the main road.



GYM: in Molina there’s a fitness club. LEDRO FITNESS CLUB ASD



PILE DWELLING MUSEUM: A pile-dwelling settlement on the shore of Lake Ledro in Molina di Ledro dating back to the Bronze Age, that has been included in UNESCO's World Heritage list. A Museum that offers guided tours, creative laboratories and other activities aimed at discovering how prehistoric ancestors lived. On request it's possible to organize a guided visit in English (follow more details).



GARIBALDI MUSEUM: Third War of Independence and First World War, two devastating events that left visible signs in Valle di Ledro, because of its geographical location on the boarder between Italy and the Hapsburg Empire at that time. In the small Museum in the center of Bezzecca and on the S. Stefano Hill it's possible to get a closer look at the history of the Italian Union.

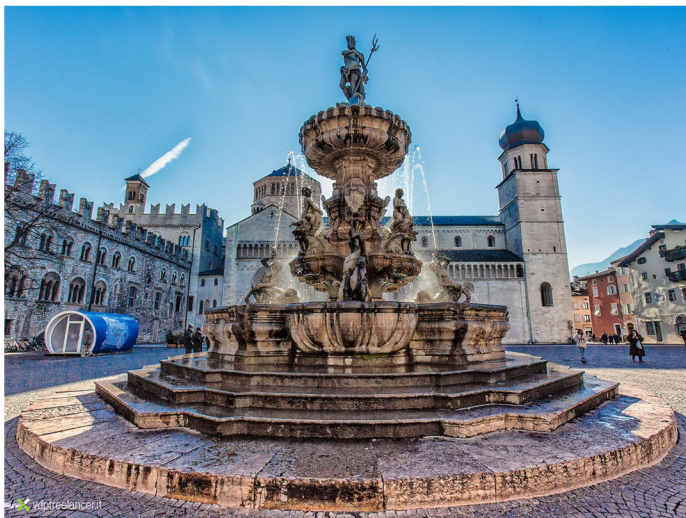


PHARMACY LAB FOLETTTO: A small museum in Pieve di Ledro, where you can find on display professional equipment such as a pestles, mortars, laboratory instruments and other technical devices belonging to the Foletto family, pharmacists in Valle di Ledro for more than a century. Today, the Foletto Laboratory continues to produce their typical fruits syrups and liquors and the famous Picco Rosso.



LAKE AMPOLA: The natural environment of Lake Ampola, a protected area in the western part of the valley, is a very important because of its wide range of wildlife and aquatic vegetation. A boardwalk, just a bit above water level, allows visitors to admire the rich vegetation and water fowl and leads them to the visitors' center where they can further discover this fascinating nature reserve.

You can reach Lake Ampola by bike along the cycle path starting from Pieve di Ledro.



RIVA del GARDA: is 15km from Pieve di Ledro and its reachable by bus. Worth a visit the Torre Apponale with view over Lake Ledro and the Rocca, a fortrees, which now hosts a Museum. In the city centre you can find many shops for shopping. Moreover, if you have enough time, you can catch the boat of Navigarda for a cruise on Lake Garda.



TRENTO: the main city of Trentino (60km from Pieve di Ledro - bus change in Riva), which hosted the ecumenical council of the Catholic Church in 1545. Beside the city centre and the Buonconsiglio Castle, you can visit the new science museum MUSE (www.muse.it)



VERONA: the city of Romeo and Juliet is reachable by bus or by train. One day is enough to bisit te most important buildings. In the historical centre, Piazza Bra and the Arena, Piazza Erbe and Piazza dei Signori, Via Cappello and Corso Porta Borsari leat to the Teatro Romano, Ponte Pietra, Castelvecchio, the Ponte Scalgiero and the ancient churches of San Fermo and Sant'Anastasia, the Cathedral (Duomo) and San Zeno. Beside there are many shopping possibilities.



VENICE: you can reach Venice by train or by bus. From the train station you can take Vaporetto to San Marco Square. Sailinf along the Canal Grande gives you the possibility to see the most beautiful bulding facing it. In San Marco Square (the only square called Piazza in Venice), the core of the city, don't miss the Basilica and the Church Tower and the nearby Bridge of Whispers. From there you can walk back through the city passing by the Rialto Bridge.





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03 - 08 July 2018

waiting for you!



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